

THE ROLE OF LC.D.S IN ANGANWADI AND THE STUDY OF ANGANWADI BENEFICIAEY PREGNANT WOMEN

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Foods and Nutrition

By

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Abstract: The ICDS programme is primarily a child welfare programme and it symbolizes the country's commitment to its children. It was launched by Government of India in 1975 in 33 community development blocks on pilot basis. The ICDS aims at providing a package of service, which includes, supplementary nutrition, immunization, health check-up, referral services, non- formal pre-school education and nutrition and health education. The goal of these programmes was to reduce the burden of malnutrition. In the present study an attempt should be done for the study about the role of ICDS in prevention of mal nutrition among selected pregnant women. Therefore, present study was planned with the aim of analysis of role of ICDS and benefits provided to pregnant women Present study was conducted with descriptive and survey method. For data collection, a pre structured an ideal questionnaire was used. Total 150 pregnant women from 23 Anganwadi of ADALA Seja in Sarasvati taluka, Patan District 1.C.D.S (Ghatak 1,2) Gujarat were selected. For Anthropometric measurement, body weight, height was measured and BMI was calculated and categorized. Blood haemoglobin data was obtained from selected pregnant women Mamata Card at Anganwadi. Food and dietary information was also collected and the benefits obtained from Anganwadi ie. ICDS was studied. Suitable statistical analysis was applied.

Key words: pregnant women, Anthropometric measurement, body weight, height